



Some Ways Community Members Can Promote Youth and Community Health

- Learn about risk and protective factor-focused youth development.
- Contribute to the development of the vision for the future of the community's children.
- Support the work of the Communities That Care Action Committee.
- Identify ways to promote healthy beliefs and clear standards in your families, neighborhoods, workplaces and other areas of the community.
- Identify ways to promote strong bonds between young people and positive adults.
- Provide opportunities for young people to be involved in meaningful ways in their families, schools, neighborhoods and other areas of the community.
- Develop the skills young people need to be involved in their families, schools neighborhoods and other areas of the community.
- Find ways to recognize and reward young people for their involvement.
- Identify ways to reduce risk factors in their families, neighborhoods, workplaces and other areas of the community.
- Build relationships with other adults to promote the healthy development of young people.
- Develop positive relationships with children and young people.
- Support laws and policies that promote the healthy development of young people.
- Communicate their support for youth development as a priority issue to key leaders and policymakers.

Who is Communities That Care (CTC)?

Communities That Care Squamish is a mobilization project aimed at preventing five youth health and behavior problems (teen pregnancy, substance abuse, violence, delinquency and school drop out). Communities That Care Squamish (CTC) exists to create a vibrant, healthy community. We create opportunities for people to learn how to be strong, healthy individuals and families. CTC is available because people in the community work together to make it happen. Since 1998, CTC has worked with a broad group of community stakeholders to assess the levels of risk and protection in our community. Based on the community's needs and efforts, the Strengthening Families Program is now in its seventh cycle and the High/Scope educational approach is now operating at three pre-schools in Squamish.

For more information about Communities That Care,
visit our website at: www.ctcsquamish.com